

School District of the City of Erie

Medication at School

2022-2023

The school physician will serve as a health consultant and will provide written standing orders for general and emergency care. In the event that a child needs a non-prescription medication for conditions at school, the school nurse or designee may dispense any of the following OTC medications under the guidelines of the school physician's standing orders. Acetaminophen / Ibuprofen will only be given in middle and high schools to students in grades 6-12 with signed parental permission. Elementary students who require Acetaminophen / Ibuprofen will require an individual order from their private health care provider.

- Acetaminophen 325 mg. Give for headache, menstrual cramps, minor discomfort. **NOT TO BE GIVEN FOR FEVER.** Students with fever over 100 are to go home.

60-100 lbs. 1 tab by mouth every 4 hours as needed (Not to exceed 2 doses during the school day)

Over 100 lbs. 1 or 2 tabs by mouth every 4 hours as needed (Not to exceed 2 doses during the school day)

- Ibuprofen 200 mg. Give for headache, menstrual cramps, minor discomfort. **NOT TO BE GIVEN FOR FEVER.** Students with fever over 100 are to go home.

40- 80 lbs. 1 tab by mouth every 6 hours as needed (Not to exceed 2 doses during the school day)

80 lbs. and over 1 or 2 tabs by mouth every 6 hours as needed (Not to exceed 2 doses during the school day)

- **FOR ITCHY, WATERY, RED, IRRITATED EYES THAT MAY BE ALLERGIC CONJUNCTIVITIS:**

1. Lubricating eye drops- 1 or 2 drops in affected eye(s) as needed

2. Allergy eye drops-Visine A.C. Eye Relief – 1 or 2 drops in affected eye(s) up to twice a day while in school for students ages 6 and older.

- Tums (Calcium Carbonate) 1000 mg. 1 or 2 tablets by mouth for upset stomach or mild indigestion as needed. For middle and high school students only.
- Triple antibiotic/bacitracin ointment- apply topically to minor cuts, scrapes, and abrasions as needed.
- Ora-jel- Apply orally to affected area as needed no more than twice during the school day.
- Anti-fungal cream-apply topically as needed to suspected areas of athlete's foot or ringworm once during the school day and cover area.
- Muscle Rub Cream- Apply topically as needed to affected area(s) no more than twice during the school day.
- First Aid Cream- Apply topically as needed to minor burns no more than twice during the school day.
- Hydrocortisone- Apply topically to affected area(s) no more than twice daily as needed. For itching associated with minor skin irritants and rashes due to eczema, insect bites, poison ivy, poison oak, poison sumac, soaps, detergents, cosmetics, jewelry, dermatitis, psoriasis and scrapes.
- Peroxide-First aid antiseptic, apply as needed during the school day to the affected area(s).
- Cough Drops- 1-2 tabs for temporary cough relief due to minor throat or bronchial irritation as may occur with a cold or inhaled irritants. May repeat every 2 hours as needed.
- Carmex- Apply topically to lips as needed for relief of dry lips.
- Sting Relief Swabs- Apply topically to affected sting site as needed.
- Calamine Lotion- Apply topically as needed to affected area(s) of suspected poison ivy, oak, or sumac no more than twice during the school day.
- Epi-Pen 0.15 mg / 0.3 ml. Inject in middle of outer thigh PRN for S/S of anaphylactic reaction. Call 911.

- Epi-Pen 0.3 mg / /0.3 ml. Inject in middle of outer thigh PRN for S/S of anaphylactic reaction. Call 911.
- NARCAN 4 mg. / 0.1 ml. intranasal spray. Administer a single spray of NARCAN Nasal Spray to adults or pediatric patients intranasally into one nostril. • Administer additional doses of NARCAN Nasal Spray, using a new nasal spray with each dose, if the patient does not respond or responds and then relapses into respiratory depression, additional doses of NARCAN Nasal Spray may be given every 2 to 3 minutes until emergency medical assistance arrives.

Matt Wankel MD

11/15/2022

Physician Signature

Date